

April Virtual Education Opportunities

- April 5 9:30-11:00 a.m. [Ten Signs of Alzheimer's](#)
- April 11 11:30-1:00 p.m. [Understanding Alzheimer's and Dementia](#)
- April 12 9:30-11:00 a.m. [Dementia Conversations](#)
- April 19 9:30-11:00 a.m. [Effective Communication Strategies](#)
- April 20 9:30-11:00 a.m. [Understanding and Responding to Dementia Related Behaviors](#)
- April 21 4:30-6:00 p.m. [Understanding Alzheimer's and Dementia](#)
- April 23 9:00-10:30 a.m. [Living With Alzheimer's: Early Stage](#)
- April 23 11:00-12:30 p.m. [Living With Alzheimer's: Middle Stage](#)
- April 23 1:00-2:30 [Living With Alzheimer's: Late Stage](#)

Montana Chapter Welcomes New Advocacy Volunteer Manager

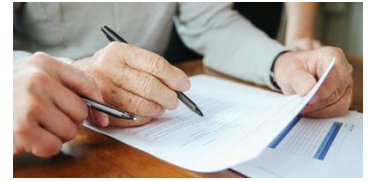
Hello, Montana! My name is Claire Marshall and I'm the new Advocacy Volunteer Manager here at the Montana Chapter. I have a Bachelor's Degree in sociology with a minor in communication studies. I first became familiar with the Alzheimer's Association a few years ago when I was working in life enrichment at The Springs Living. In my free time I love to bake, take my dog to the park with my fiancée, and my newest hobby is archery.

I am so excited to be here and work alongside my fellow Montanans to get our voices heard. The Alzheimer's Association needs dedicated advocates to share their stories with their elected officials. If you are interested in becoming an advocate, click [here](#) or text ALZMT to 52886.



I can be reached at cmarshall@alz.org at 406-215-2124. I look forward to making a difference with you! Best regards, Claire

Money Matters: Care Costs



Managing Money: A Caregiver's Guide to Finance is a new course about managing care costs and planning for the future. [▶ LEARN MORE](#)

To plan for your financial needs during the course of Alzheimer's disease, you'll need to consider all the costs you might face now and in the future. Since Alzheimer's is a progressive disease, the type and level of care needed will intensify over time. Care costs will vary depending upon where you live. Have a family meeting to discuss how much future care might cost and to make financial plans.

Common care costs include:

- Ongoing medical treatment for Alzheimer's symptoms, diagnosis and follow-up visits
- Treatment or medical equipment for other medical conditions
- Safety-related expenses, such as home safety modifications or services
- Prescription drugs
- Personal care supplies
- Adult day services
- In-home care services
- Full-time residential care services

Learn more with our [FREE COURSE](#) to help you prepare for the future.

Living with Alzheimer's: [Tips for Daily Life](#)

Coping skills will help you handle day-to-day challenges, maximize your independence and live a meaningful life with your diagnosis.

- [Accepting changes](#)
- [Creating a coping strategy](#)
- [Tips for daily living](#)
- [Accepting help from others](#)
- [Advice from others living with Alzheimer's](#)



Alzheimer's is a brain disease that causes problems with memory, thinking and behavior.